

Bowls

Sunny

190

Blend: Coconut milk, freeze dried açai berries, banana pineapple, mango & honey

Toppings: Granola, toasted pumpkin seeds, bee pollen, raspberry & blueberry

Açai Purple Rain

220

Blend: Coconut milk, açai berries, blackberry, blueberry, banana, blue spirulina, pink salt & honey

Toppings: Granola, coconut flakes, blueberry, mango & blackberry

Green Palma

180

Blend: Coconut milk, pineapple, mango, banana, spinach, green spirulina & honey

Toppings: Granola, coconut flakes, chia seeds mango & strawberry

Chocoloco

160

Blend: Coconut milk, papaya, banana, cacao powder, peanut butter, sea salt & honey

Toppings: Granola, coconut flakes, hemp seeds, banana, strawberries and peanut butter drizzle

Pink Sky

190

Blend: Coconut milk, raspberry, strawberry, banana, dragon fruit concentrate & honey

Toppings: Granola, bee pollen, sunflower seeds, kiwi & banana

Ocean Blue * seasonal bowl *

160

Blend: Coconut milk, white sweet potato, banana, blue spirulina & honey

Toppings: Granola, coconut flakes, amaranth, kiwi & blueberries

Papaya Bowl

140

Half papaya filled with granola, toasted pumpkin seeds, coconut flakes, banana, blueberries & local peanut butter drizzle



Superfood Add-Ons

Granola

Coconut flakes

Toasted pumpkin seeds

Sunflower seeds

Bee pollen

Chia

Hemp seeds

Cacao nibs

Blueberry

Banana

Strawberry

Raspberry

Blackberry

Mango

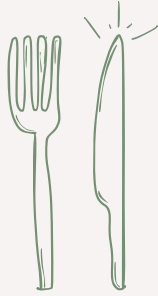
Kiwi

Peanut butter

Honey

+15 MXN

Add **vegan protein powder** to any bowl or smoothie for +55 MXN



Salads & Wraps

Enjoy these options as a salad , or ask us to wrap it up for +20! *wraps come with a side of sweet potato chips and dressing*

GF Tropical Bowl 200

V A base of brown rice and lettuce topped with red cabbage, sprouts, seasoned alubia , cilantro, banana chips, red bell pepper, grilled pineapple, avocado & black sesame seed served with our house mango dressing

GF Ono Salad 180

V A fresh base of greens topped with avocado, cucumber, carrot, beets, cherry tomato, seeds and feta cheese, served with our house dressing

GF Breakfast Wrap 180

V Flour tortilla stuffed with scrambled eggs, sauteed mushrooms, red bell pepper, onions, black beans, lettuce and avocado

Extras

*\$5 MIN

Homemade Turkey Sausage

Bacon *2 Pieces for \$35*

Eggs * 2 eggs for \$35*

Grilled Chicken

Cream cheese

Mushrooms

Tuna

Healthy Bites & More...

Breakfast Toast 220

A slice of toasted artisan sourdough bread with seasoned avocado spread topped with egg, bacon, black sesame seeds, cherry tomatoes, & chives

V Avocado Toast 130

Two slices of toasted artisan bread with seasoned avocado spread topped with tomato, arugula, lentil sprouts, olive oil, sesame seeds, basil, cracked pepper and pink salt

Breakfast Croissant 180

Buttery croissant filled with scrambled eggs, cheese, bacon, arugula, tomato, green onion, avocado and sesame seed

Camote Quesadilla 220

Made with flour tortilla, sweet potatoes, cheese, spinach and our homemade turkey sausage with a side salad (*It's big*)

GF Sunrise Cakes 100

V Two rice cakes served with organic local peanut butter topped with banana, hemp seed, chia, coconut flakes and organic honey

French Toast 220

Artisan brioche coated in cinnamon and sugar, served with fresh fruit and organic maple syrup

GF Ask the staff about our gluten free options

V Vegan options available

Smoothies

Sunny 150

Blend: Coconut milk, freeze dried açai berries, banana, pineapple, mango, pink salt & honey
Topped with bee pollen and coconut flakes

Açai Purple Rain 180

Blend: Coconut milk, açai berries, blackberry, blueberry, banana, blue spirulina, pink salt & honey
Topped with coconut flakes

Green Palma 140

Blend: Coconut milk, pineapple, mango, banana, green spirulina, pink salt & honey
Topped with chia seed and coconut flakes

Chocoloco 130

Blend: Coconut milk, papaya, banana, cacao powder, peanut butter, pink salt & honey
Topped with hemp seed and coconut flakes

Pink Sky 150

Blend: Coconut milk, raspberry, strawberry, banana, dragon fruit concentrate, pink salt & honey
Topped with coconut flakes and bee pollen

Ocean Blue *seasonal smoothie* 130

Blend: Coconut milk, white sweet potato, banana, blue spirulina, pink salt & honey
Topped with amaranth and coconut flakes



Coffee & More

Any drink can be made **iced** for +10

Want to sip for longer? Ask for a **large** +10

Milk Alternatives: oat, coconut, almond, soy,
lactose free & low fat +10

Caffeine

Americano	60
Espresso	42
Latte	70
Capuccino	70
Macchiato	65
Cortado	65
Flat White	65
Mocha	80
Matcha Latte	80
Cold brew	80

Frappuccino

Coffee	90
Mocha	100
Chai	100
Matcha	100

& More

Herbal tea	60
Chai Latte	80
Hot Coco	60
Kombucha	85
Ginger beer	85
Ginger Shot	70
Mineral Water	40
Bottle of Water	20
Iced Hibiscus tea	45
Orange juice	60

Extras: Vanilla, SF vanilla, Caramel, Hazlenut
Coconut, Chocolate, Lavender, Agave & honey